







JUST SELECT THE EMAIL YOU WISH TO USE, COPY THE TEXT, CUSTOMIZE THE MESSAGE AND SEND AWAY!

## EMAIL #1

Hi [Friend Name],

I'm participating in a fundraiser called Step Forward for Next Step. Next Step helps women facing critical life choices through judgment free support around healthy relationships, unplanned pregnancies, and grief and loss. You can check them out at next-step.org.

I'm going to be [walking/biking/running] on [date] and I am asking my friends and family to sponsor me.

My goal is to raise \$1000 will you help me by donating \$100, \$50 or \$25 at [insert personal fundraising link]

Best, [your name]

EMAIL # 2

Hi [friend name],

Have you heard about Next Step? Next Step helps women facing critical life choices through judgment free support around healthy relationships, unplanned pregnancies, and grief and loss. I support Next Step because [fill in your reason].

I'd like to ask you to help me by sponsoring me in their Step Forward fundraiser. I'm [walking/running/biking] on [date] for Next Step. I'm [XX dollars away from my goal of \$XX]. Would you help me by donating \$50 or \$25 to help me fill my virtual container?

Here's the link: [insert personal fundraising link]

Best,

[your name]